

RESOURCES

Mosby's Textbook for Long Term Care Assistants

Sheila A. Sorrentino, Bernie Gorek
Mosby, an affiliate of Elsevier, St. Louis, MO
4th Edition, 2003
ISBN: 0-323-01919-6

Mosby's Videotape Series

Bathing (16 min.)
Personal Hygiene and Grooming (29 min.)
Bedmaking (28 min.)
Measurements (21 min.)
Normal Elimination (22 min.)
Basic Principles (19 min.)
Body Mechanics and Exercise (17 min.)
Nutrition and Fluids (12 min.)
Safety and Restraints (18 min.)
Preventing and Treating Pressure Ulcers (20 min.)

75 HOUR NURSE AIDE COURSE CURRICULUM

Approved by IA Department of Inspection and Appeals
Revised July 2005

Basic Grammar In Use

Raymond Murphy
Cambridge University Press, 2002
ISBN- 13 978-0-521-62600-2 (Student book with answers and audio CD)

Oxford ESL Dictionary

A.S. Hornby, C.A. Ruse
Oxford University Press, 1994
ISBN-0-19-431403-0

Dictionary of Medical Terms

A-Z Medical Reference for the Nonmedical Person

Mikel A. Rothenberg, M.D., and Charles F. Chapman
Barron's Educational Services
4th Edition 2000
ISBN: 0-7641-1201-5

75 HR NURSE AIDE Supplemental Reading

Kirkwood Community College
Continuing Education/Health Education
Updated July 2005

Lessons from Nothing

Bruce Marshland
Cambridge University Press 2005
ISBN-13 978-0-521-62765-8

Five-Minute Activities

Penny Ur and Andrew Wright
Cambridge University Press 1998
ISBN – 0-521-39781-2

WEB RESOURCES

U.S. Department of Labor – OSHA
www.osha.gov

Longman Online Dictionary
<http://www.ldoceonline.com/>

United States Department of Agriculture
www.nutrition.gov

Center for Nutrition Policy
www.mypyramid.gov

New Hampshire Department of Health and Human Services
http://www.dhhs.nh.gov/DHHS/DHHS_SITE/default.htm

Centers for Disease Control and Prevention
<http://www.cdc.gov/>

NIH Senior Health
<http://nihseniorhealth.gov/index.html>

National Institutes of Health
<http://www.nih.gov/>

First Gov – the U.S. Government's Official Web Portal
<http://www.firstgov.gov/>

National Institute on Aging
<http://www.nia.nih.gov/>

The AGS Foundation for Health in Aging
http://www.healthinaging.org/public_education/

Familydoctor.org
<http://familydoctor.org/039.xml>

Healthtouch Online
<http://www.healthtouch.com>

National Heart, Lung, and Blood Institute
<http://www.nhlbi.nih.gov/contact/index.htm>